

A CURE FOR DOMESTICATION: 50 INSTAGRAM ACCOUNTS THAT WILL INSPIRE YOUR NEXT TRIP

BY TOM HUNT | JANUARY 8, 2017 | *This post may contain affiliate links. Read our [Disclosure](#).*

You know that feeling you get when you wake up, it's raining outside and you just can't be bothered to get out of bed?

Or when it's just getting dark and you arrive jet-lagged in a new city and want to stay in?

Or when you are about the book the flights for your next Asia trip and that unexpected bill arrives and ruins everything?

Well...

I have some bad news for you.

You have a disease.

A disease called Domestication.

But do not fear, Domestication effects the best of us, and is a condition that is easily cured...

With your first heroic dose of the following travel-inspired Instagram profiles.

Then going forward, we highly recommend that you follow a minimum of 10 accounts and then continue your medication for the next 30 days.

Though you must ensure that you take your dose EVERY day for the full course of the prescription: 30 Days.

We are yet to have a patient who has not been completely cured after 30 days exposure to this high level of dosage.

Yes, I have spent the past 4.5 hours trawling through my Instagram account, tags and travel influencers in order to handpick the most inspirational travel and adventure themed accounts that

will dispel even the faintest glimpse of the terrible (and some say deadly) disease of Domestication.



50 TRAVEL INSTAGRAM ACCOUNTS TO INSPIRE YOUR NEXT TRIP

[@ytravelblog](#) – Of course, first up we have our awesome hosts Caz & Craig, follow for images of interesting beverages, hammocks and glorious sunsets.



ytravelblog
Darwin, Northern Territory

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 333



27 MESI FA



@legalnomads – Former lawyer Jodi shares images of fresh, vibrant dishes mixed with smiling people and astounded cats.



legalnomads

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 1,123



28 MESI FA



[@workwhiletravel](#) – Veronica details her journey working from the road with images of grand icons from each country she visits.



workwhiletravel

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 536



27 MESI FA



[@tourist2townie](#) – Gareth Travels Deeper, valuing relationships over countries (and of course, also takes awesome photo's).



tourist2townie
White Rocks Beach Portrush

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 339



27 MESI FA



[@whatalexloves](#) – Alexandria is passionate about autumn and uses her profile as platform to share this with the world.



whatalexloves
Commune de Féchy

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 5,008



28 MESI FA



[@justonewayticket](#) – It is clear that Sabrina is a pretty serious traveller from the variety of her pictures.



justonewayticket
San Blas Islands Panamas

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 400



27 MESI FA



@expertvagabond – Matthew shares images covering erupting volcanoes, smiling locals and distant jungle lakes.



expertvagabond
Cenote Zací

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 1,840



27 MESI FA

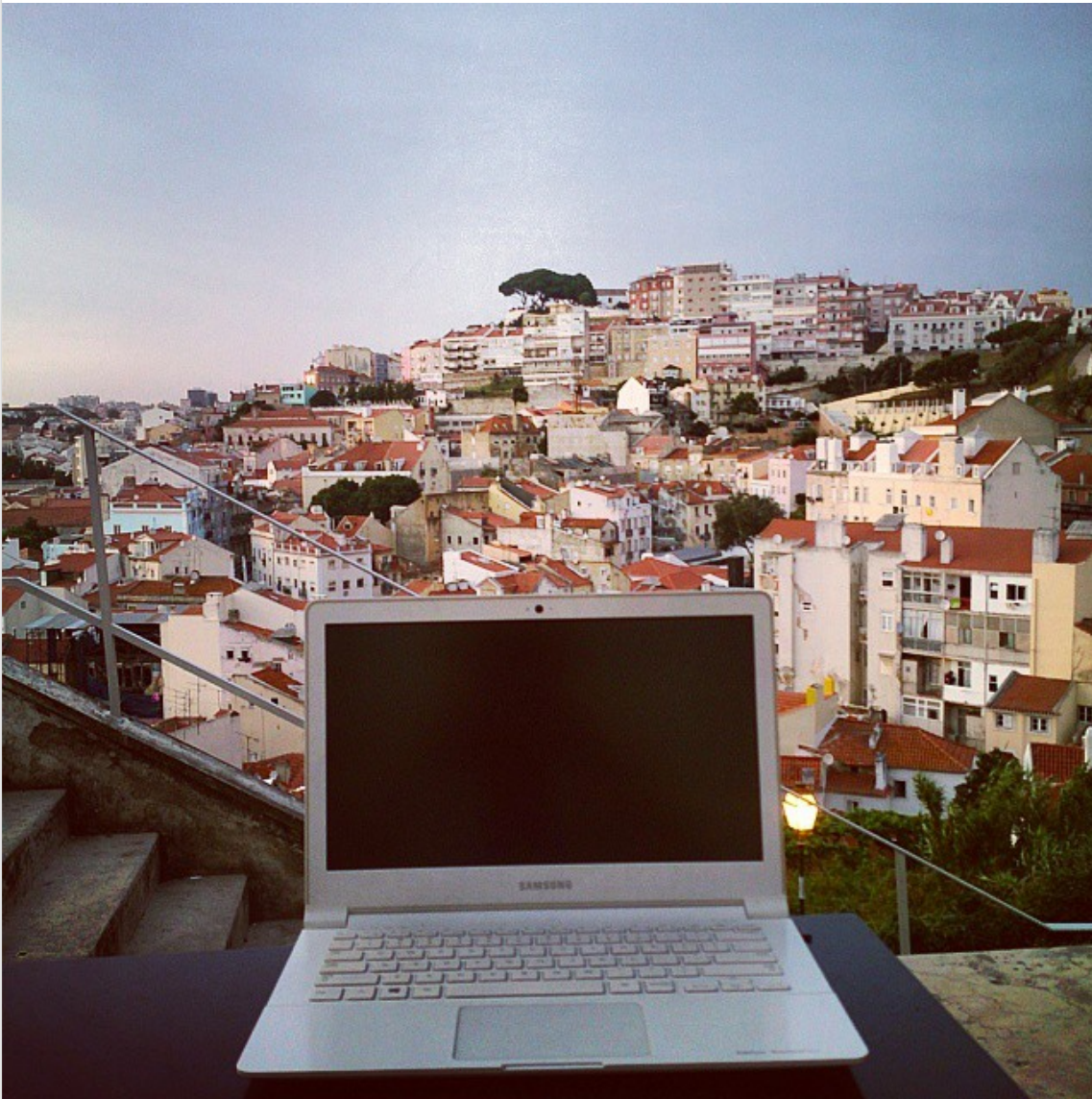


[@thedigitalnomad](#) – The Digital Nomad shares topless pictures of himself feeding kittens, astounding office locations and glorious sunsets.



thatestonianguy

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 114



33 MESI FA



[@everythingeverywhere](#) – I'm not sure what camera Gary is using but his distant landscape shots are mind-blowing.



everythingeverywhere
Muizenberg Beach

Segui



[Visualizza altri contenuti su Instagram](#)



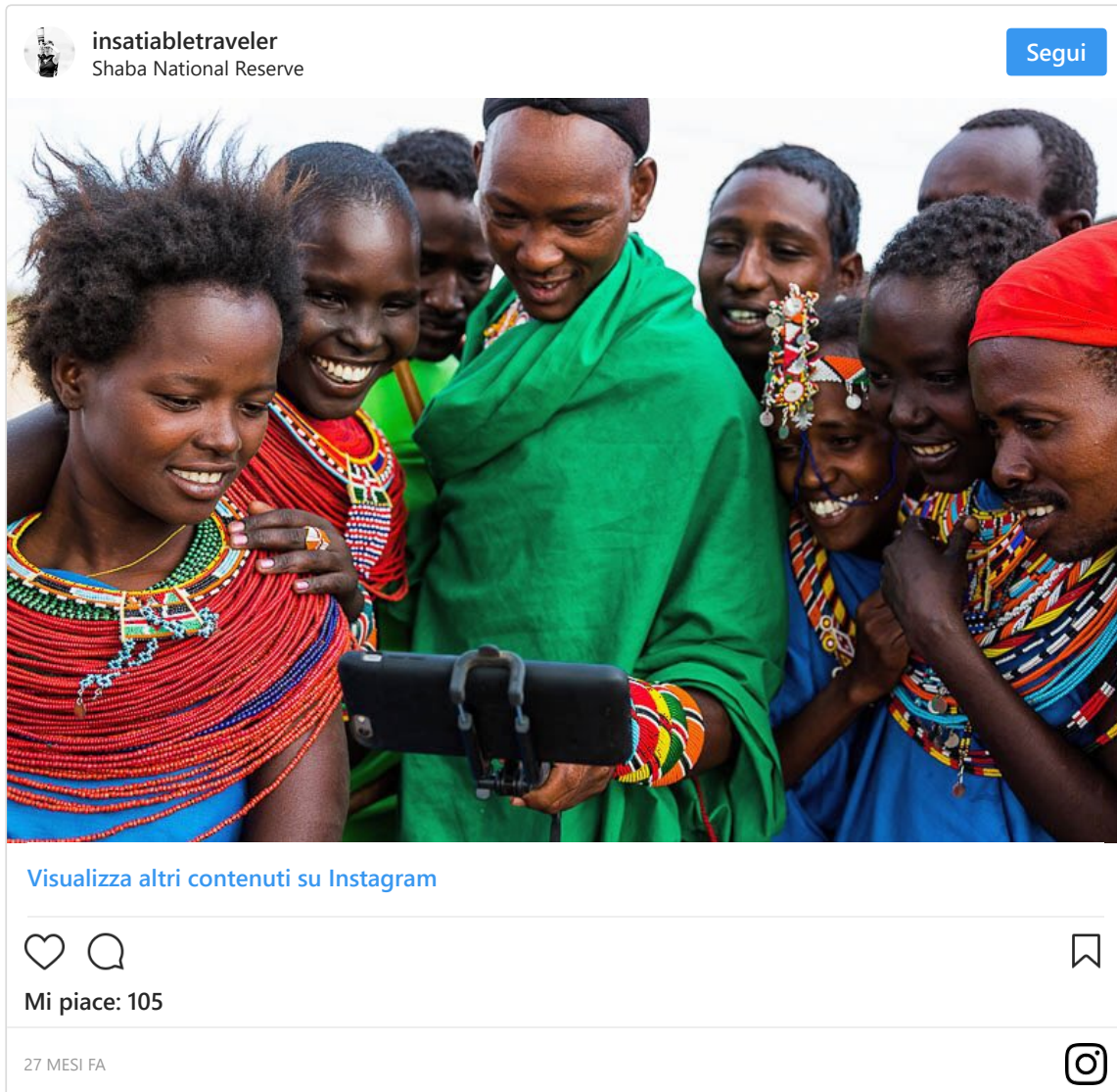
Mi piace: 2,799



27 MESI FA



[@insatiablereviewer](#) – With vibrant colours, the African Savanna and stunning wildlife shots, Susan owns one of the most refined profiles of this medication.



@croyable – Eelco litters his profile with stunning beach shots, buildings and aerial shots of New York City.



croyable
Wassenaarse Slag

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 5,991



27 MESI FA



@zakshelhamer – By far the most adventurous account of this medication, Zak will make you actually want to go hiking.



zakshelhamer
Lake Louise, Alberta

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 3,029



27 MESI FA



@contiki – Pictures of awesome people doing awesome things in awesome palces.



contiki
Whitehaven Beach

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 3,968



27 MESI FA



@bkindler – A number of Bjorn's photo's will cause you to glance twice at your screen, yet all of them will inspire you to head outside.



bkindler
Unterhaching

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 914



28 MESI FA



@natgeo – With an astounding 36m followers, The National Geographic's profile shares as number of stunning wildlife pics each day.



[Visualizza altri contenuti su Instagram](#)



Mi piace: 402,682



27 MESI FA



@muradosmann – Famed for the #FollowMeTo series, Murad takes sensational images of his girlfriend Nataly in astounding outfits surrounded by inspirational scenery as they travel the world.



muradosmann ✓

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 308,165



27 MESI FA



@milkydrop – Currently Marzia's account as a distinct autumnal theme that will make you want to rent that cottage in the mountains to sit with friends around the log fire.



milkydrop
Lungolago di Como

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 1,035



27 MESI FA



@hypoison – Violent waves and serene oceans pepper Emma's scenic account.



hypoison
Amandola

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 1,302



28 MESI FA



@kimijuan – A very light profile with stunning images of desolate beaches.



kimijuan

Panglao Island, Bohol

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 2,491



30 MESI FA



@ilarysgrill – Ilaria's glorious sunset's, insane sky colours and abstract images of people will leave you both curious and nostalgic.



ilarysgrill

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 425



27 MESI FA



@polylm – Specialising in people and dogs, Marco's profile will change the way you look at public transport around the world.



polylm

Jay Street – MetroTech (New York City Subway)

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 556



27 MESI FA



[@thomasalexnorman](#) – Thomas shares images of beautiful ladies, awesome dives and Barcelona, where he currently resides.



thomasalexnorman

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 301



28 MESI FA



[@theblondegyppy](#) – A Balkan connoisseur and master photographer, Larissa's images are filled with sunshine, beaches and awesome city views.



theblondegypsy
Valbonë Valley National Park

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 373



29 MESI FA



@blackdotswhitespots – Susi's scenic photo's are both inspiring and exciting.



blackdotswhitespots
Refugio Los Cuernos

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 170



28 MESI FA



@tomhuntio – Tom shares images from the northern coast of South America, from the top of mountains and of small dogs (and yes, my ego forced me to include myself).



tomhuntio
Margarita Island

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 135

tomhuntio On the [#beach](#)

mostra tutti e 6 i commenti



28 MESI FA



@anasbarros – Ana is a Portuguese architect living in Vienna and shows her passion for buildings and scenery in her images.



anasbarros
Frankfurt, Germany

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 4,302



28 MESI FA



@vamospraonde – Gloriously white water, a Go Pro and beach hotels, what more could you want?



vamospraonde
Lady Musgrave Island

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 3,777



27 MESI FA



@nathparis – Nathalie is an artistic director from Paris and as expected, shares artistic images from the wonderful city.



nathparis
Paris, France

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 9,208

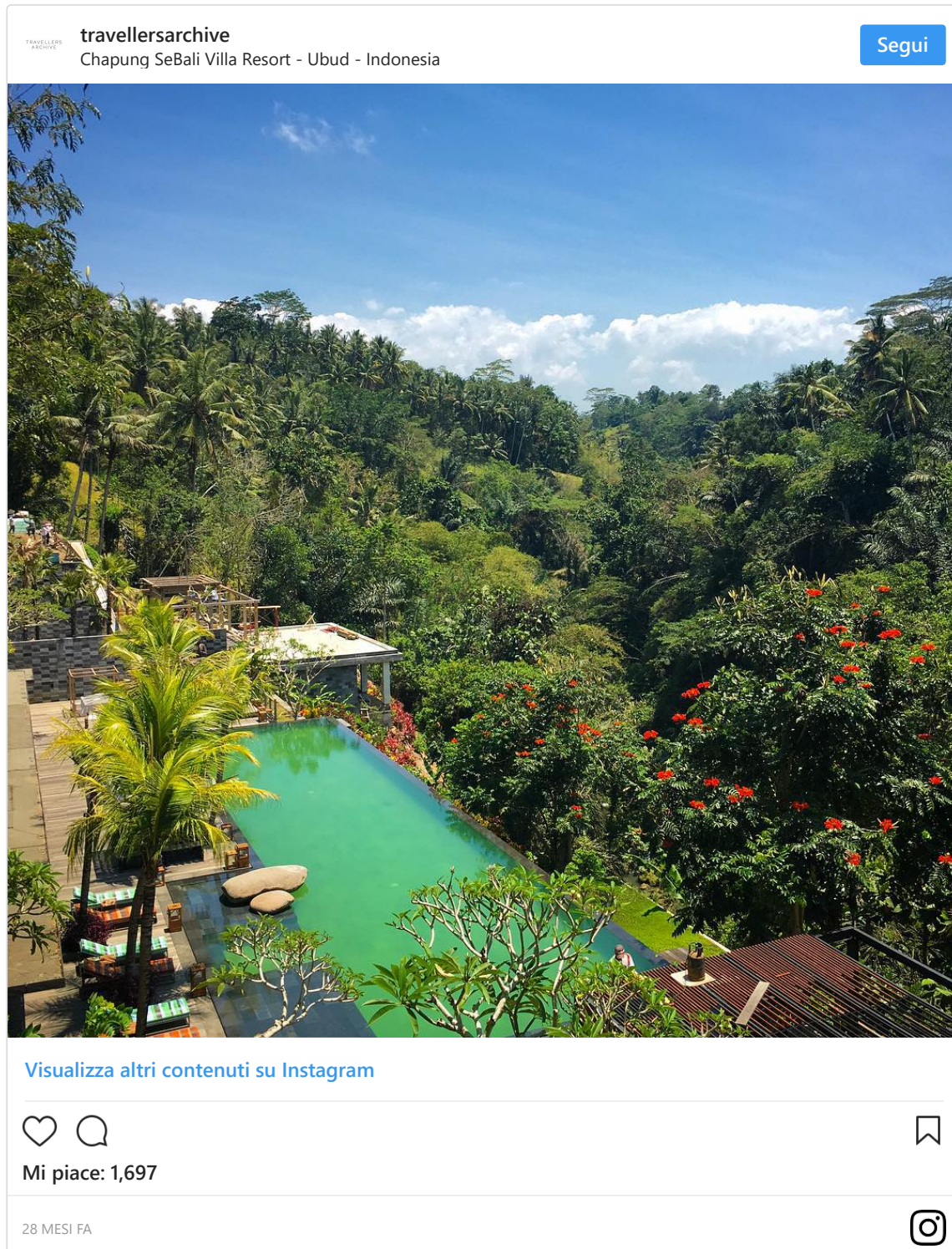


28 MESI FA



[@sophoclesblog](#) – Solo adventurer Sophie will show you awesome libraries, ice-cream and how to live with style in New York City.

@anekdotique – Clemens details his travels with minimalist shots of buildings and the landscapes he experiences.



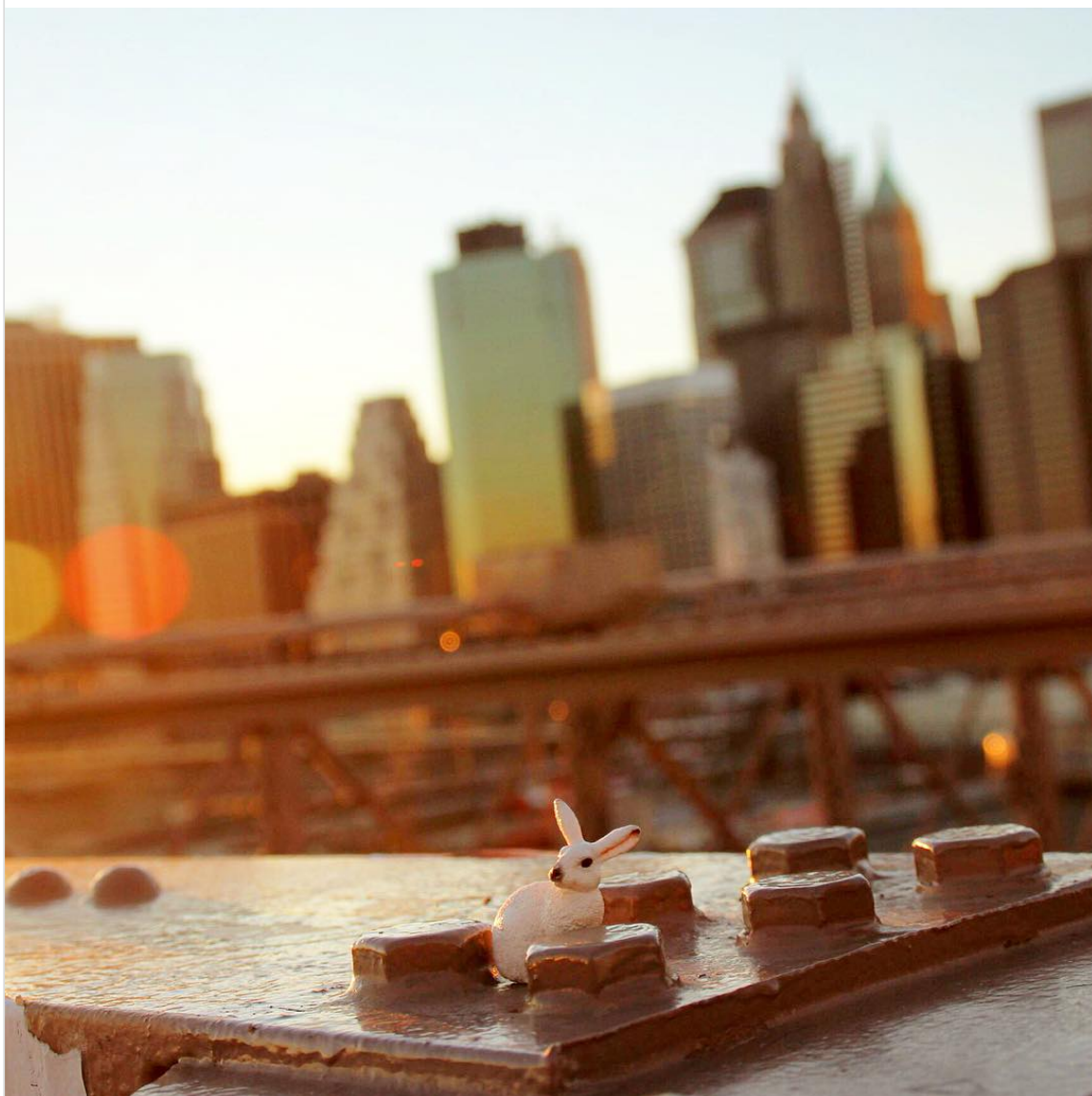
@globetrottergirls

– Dani has been travelling around the world for the past 5 years with no regrets, follow her for dogs, cats, women, cake and street art.



globetrottergirls
New York, New York

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 106



27 MESI FA



[@nelsoncarvalho](#) – Nelson is big on breakfast and is a great follow for any travel/food enthusiasts.



nelsoncarvalho
Tavira

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 455



28 MESI FA



[@mochilerostv](#) – Sharing the best that Ecuador has to offer, MochilerosTV is an awesome, energetic YouTube travel channel.



mochilerostv
Plaza De Los Ponchos

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 544



27 MESI FA



[@selcukselviexperience](#) – Alex shares photo's of his reading inspiration, sensational views and extreme activities.

[@_annahrose](#) – Anna shares awesome food, great smiles and inspirational quotes, a must follow.



loveannahrose

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 111



27 MESI FA



[@heychloegray](#) – With an eye for uncommon moments, Chloe’s profile will help you spot the beauty that is all around you.



heychoegray
Havana, Cuba

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 87



28 MESI FA



[@carnetstraverse](#) – Julie shares stunning images of architecture in cities all around the world.



[Visualizza altri contenuti su Instagram](#)



Mi piace: 1,382



28 MESI FA



[@crazysexyfuntraveler](#) – A certified fitness coach, Alexandra will inspire you to both travel AND look good.



crazysexyfuntraveler
Ubud

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 86



28 MESI FA

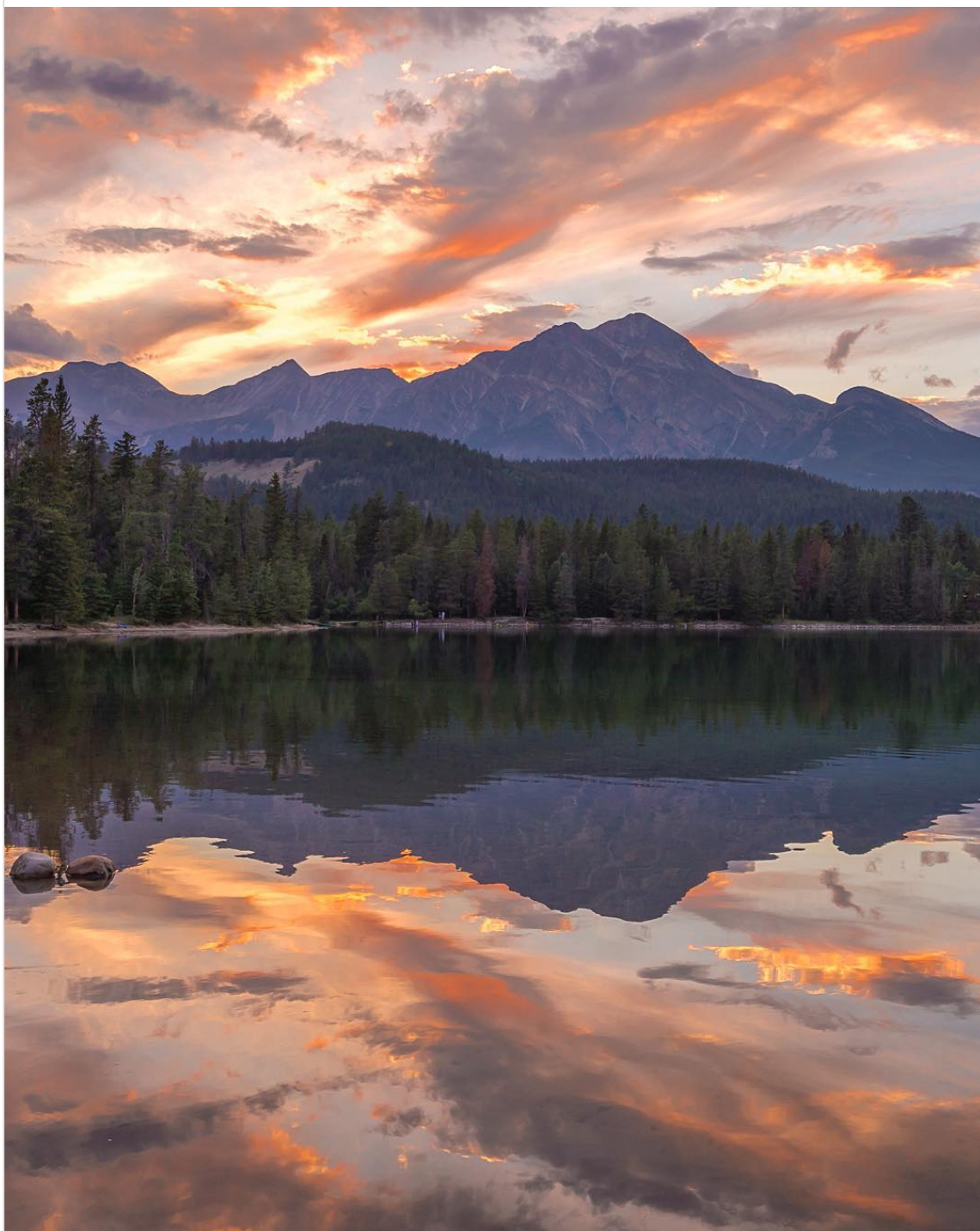


@tiffpenguin – Tiffany is an adventurous lady, each image shows her in another extreme landscape conquering her environment.



tiffpenguin
Jasper National Park

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 6,943



27 MESI FA



@lucydodsworth – Part time traveller, full time obsessive, Lucy shares sensational images of interesting buildings around the world.



lucydodsworth
Mylopotas Beach

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 131



28 MESI FA



[@traveling_greg](#) – Looking for clear blue waters and hammocks? Greg's profile is for you.

[@afrenchtraveler](#) – After reviewing Bruno's profile you will not look at New York in the same way. Stunning.



brunomaltor 
Skógafoss Waterfall, Iceland

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 3,273



29 MESI FA

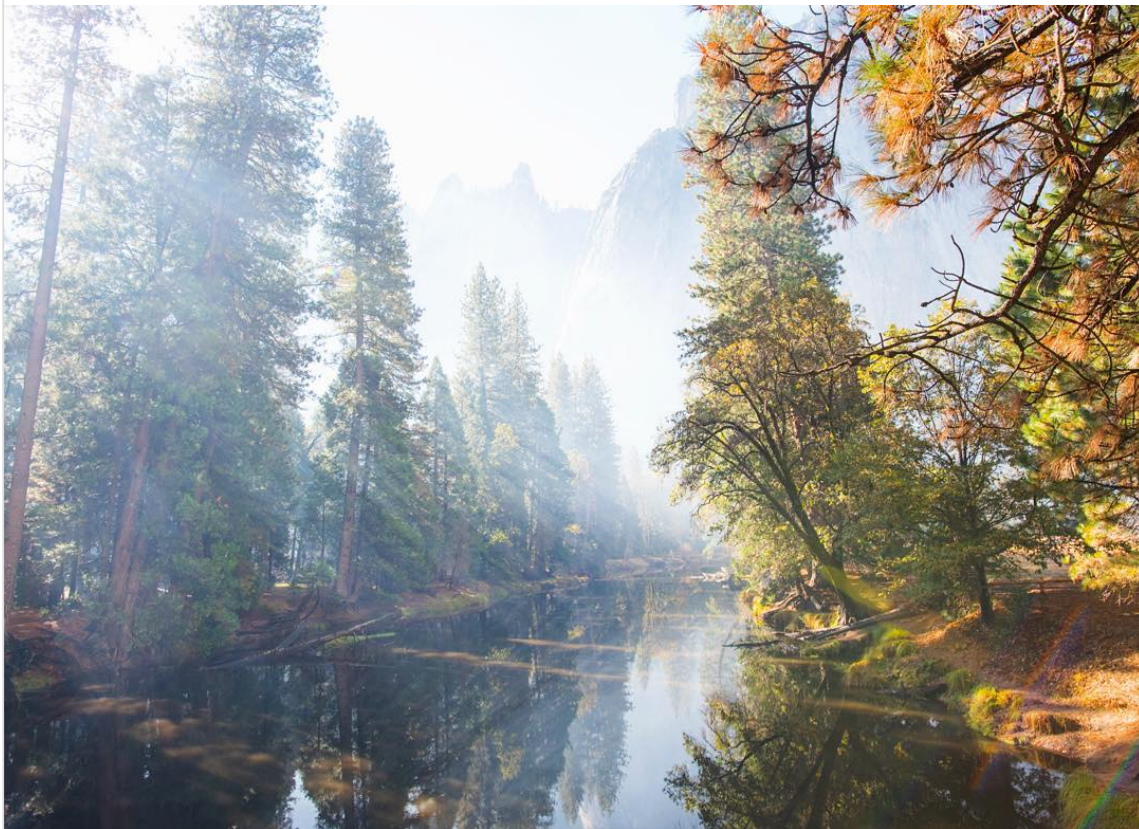


@ovunno – Oliver is a master of landscape photography that often includes rare wildlife.



ovunno
Yosemite National Park

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 11,532

ovunno This 2015 is the year of the nature, and my first time in Yosemite... I can't wait for come back soon!

mostra tutti e 94 i commenti

26 MESI FA



@mrscotteddy – Partial to awesome villa's, Scott shares images of the sea, infinity pools and cocktails.



mrscottedy
Sangkachai villa 5 Samujana

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 5,103



27 MESI FA



[@uncornered_market](#) – Daniel's images bring old grey buildings to life.



uncornered_market
Matera, Italy

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 837



29 MESI FA



[@onestep4ward](#) – Jonny is currently on country 172 out of 193 and shares the highs and lows of his journey through his images.



onestep4ward
Port De Ziguinchor

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 747



27 MESI FA



@fosterhunting – Foster shares his sailing, camping and surfing adventures on his profile.



fosterhunting

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 17,675



27 MESI FA



[@alexandra0320](#) – A blogger, world explorer and yoga teacher, Alexandra shares her travels, friends and style.



alexandra0320

Segui



[Visualizza altri contenuti su Instagram](#)



Mi piace: 75



34 MESI FA



[@roundtheworldgirl](#) – Elise lives actively and wanders in the wilderness, follow for hiking inspiration.

How do you feel?

Has that cold, foreboding anxiety started to drift away to be replaced by a lighter sense of excitement and passion for the world?

Well you are one of the lucky ones.

You now have the medication...

No longer will that sinking feeling prevent you from getting up, going out or booking that ticket.

The world is yours to explore:



(image cred)

But wait!

Your treatment is not yet complete...

We all know that travelling alone can be lonely.

If you have a friend that you suspect could be suffering from even a mild case of Domestication, you will be doing them a **MASSIVE** favour by sharing this post using the links below:

[Tweet](#)

[Share On Facebook](#)

[Share On Google+](#)

[Share On LinkedIn](#)